

INVEST
IN OUR
YOUTH

BECOMING A CONSCIOUS PARENT - TOOLS & PRINCIPLES FOR PARENTING FROM YOUR HEART

Presented

Co-founders of esteemed
Parenting Perspectives

by ...



Lauren Bondy, MSW,
Certified LifeLine
Practitioner



Karen Jacobson,
MA, LMFT, LCPC

ATTENTION parents of
toddlers - 5th graders!

Four two-hour sessions

\$65 per person - includes a parenting book & workbook

DATES: February 21, 28
March 6, 13 (Tuesdays)

TIME: 7-9 PM

PLACE: Gloria Dei Lutheran Church
1133 Pfingsten Road
Northbrook, Illinois 60062

YOU WILL LEARN how to ...

- * Enhance children's self-esteem;
- * Understand the reasons for misbehavior, and what you can DO;
- * Foster cooperation among siblings;
- * Eliminate power struggles;
- * Set limits that work;
- * Encourage responsibility;
- * Discipline without yelling;
- * Minimize hassles, tantrums, and tears;
- * Encourage resistance to peer pressure;
- * Understand your child's temperament;
- * Foster emotional intelligence;
- * Deepen connections among family members;
- * Feel calmer and enjoy being a parent.

AND MUCH MORE!

REGISTRATION FORM

*Complete a separate form for each person registering.

Name _____

Address _____

Phone _____

E-Mail _____


Children's Grade & Age _____

Children's School _____

Amount Enclosed _____

** \$65 for 4 sessions per person, a
parenting book, and workbook.

Send check payable to NCDAA:
NCDAA/Conscious Parent
1710 Pfingsten Road
Northbrook, Illinois 60062

SPONSORED BY 

NCDAA (Northbrook Citizens for Drug & Alcohol Awareness)

1710 Pfingsten Road Northbrook, IL

Download registration form at www.ncdaa.org

Questions? ncdaainfo@ncdaa.org or 847-272-7870

2012